



Psalm 121

WHERE DOES MY HELP COME FROM?

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Passover Festival

Feast of Weeks



Feast of Tabernacles

Psalm 122...

V4: That is where the tribes go up—
the tribes of the LORD—
to praise the name of the LORD
according to the statute given to
Israel.

Psalm 121:

V1: I lift up my eyes to the mountains—
where does my help come from?

Psalm 121:

V1: I lift up my eyes to the mountains—
where does my help come from?

V2: My help comes from the LORD,
the Maker of heaven and earth.

Acts 17v24-25:

The God who made the world and everything in it is the Lord of heaven and earth and does not live in temples built by human hands. ²⁵ And he is not served by human hands, as if he needed anything. Rather, he himself gives everyone life and breath and everything else.

1) God is able to help us...

V1-2: I lift up my eyes to the mountains—
where does my help come from?

2 My help comes from the LORD,
the Maker of heaven and earth.



1) God is able to help us...

V1-2: I lift up my eyes to the mountains—
where does my help come from?

² My help comes from the LORD,
the Maker of heaven and earth.



1) God is able to help us...

Mt 9v27-28: As Jesus went on from there, two blind men followed him, calling out, “Have mercy on us, Son of David!”

²⁸ When he had gone indoors, the blind men came to him, and he asked them, “Do you believe that I am able to do this?”

1) God is able to help us...

Eph 3v20: Now to him who is able to do immeasurably more than all we ask or imagine...

2) God is ready to help us...

2) God is ready to help us...

V3-4: ...he who watches over you will not slumber;

⁴ indeed, he who watches over Israel will neither slumber nor sleep.

2) God is ready to help us...

V3-4: He will not let your foot slip—

he who watches over you will not slumber;

⁴ indeed, he who watches over Israel will neither slumber nor sleep.

2) God is ready to help us...

John 10v27-28: My sheep listen to my voice; I know them, and they follow me. ²⁸ I give them eternal life, and they shall never perish; no one will snatch them out of my hand.

2) God is ready to help us...

V5-6: The LORD watches over you—
the LORD is your shade at your right
hand;

⁶ the sun will not harm you by day,
nor the moon by night.

2) God is ready to help us...

V7: The LORD will keep you from all harm

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John 16v33: In this world you will have
trouble

2) God is ready to help us...

V7: The LORD will keep you from all harm

'It is impossible that any ill should happen to the one who is beloved by the Lord. Even the most crushing calamities, can only shorten the journey and hasten the reward. Ill to him is no ill, but only good in a mysterious form.'

C. H. Spurgeon

2) God is ready to help us...

V7: The LORD will keep you from all harm—
he will watch over your life;

⁸ the LORD will watch over your coming and
going

both now and forevermore.

Mt 20v17-19:

Now Jesus was going up to Jerusalem. On the way, he took the Twelve aside and said to them, ¹⁸ “We are going up to Jerusalem, and the Son of Man will be delivered over to the chief priests and the teachers of the law. They will condemn him to death ¹⁹ and will hand him over to the Gentiles to be mocked and flogged and crucified. On the third day he will be raised to life!”

Psalm 121v1-2:

I lift up my eyes to the mountains—
where does my help come from?

² My help comes from the LORD,
the Maker of heaven and earth.

